

**RELEASE AND WAIVER FORM,
ASSUMPTION OF RISK AND INDEMNITY
AND PARENTAL CONSENT AGREEMENT**

In consideration of being permitted to participate in any way in any of the "Joe's Ride" Activities, I, for myself, my personal representatives, assigns, heirs, and next of kin:

ACKNOWLEDGE, agree, and represent that I understand the nature of the Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if, at any time, I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("Risks"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation or that of the minor in the Activity.

HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE THE GREATER OLNEY CIVIC ASSOCIATION, FLETCHER'S SERVICE CENTER, THE JOSEPH PATRICK SANFORD MEMORIAL FOUNDATION, OAKDALE EMORY CHURCH, THE JOE'S RIDE COMMITTEE, HALLOWELL HOA, BROOKE MANOR ESTATES HOA, THE SPONSORS, their respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, advertisers and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSE OR ALLEGED TO BE CAUSE IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTIONS OF RISK, AND THE INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THESE RELEASEES FROM any litigation expense, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I UNDERSTAND THAT BICYCLE HELMETS CAN PREVENT SERIOUS INJURY AND I AGREE TO WEAR ONE WHILE PARTICIPATING IN THIS EVENT.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSUANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

PARTICIPANT'S SIGNATURE (IF AGE 18 OR OVER)

DATE

MINOR RELEASE FOR PARTICIPANTS UNDER THE AGE OF 18 AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF BICYCLING ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEE'S FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

PARENT/GUARDIAN SIGNATURE (IF UNDER AGE 18)

DATE

**EACH PARTICIPANT MUST COMPLETE
REGISTRATION FORM & SIGN WAIVER!**

SPONSOR A SIGN!

In an effort to support The Joseph Patrick Sanford Memorial Foundation, we are once again offering families, businesses, and other groups the opportunity to sponsor the event by purchasing a personalized sign. The signs will mark the courses for the 45K, 30K, and 10K bike rides and the 5K Stride.

Sign Sponsor Form

Name to appear on sign: (example: "The Smith Family")

Your Name

Address

Phone Email

sign(s) X \$50 each

Total

Please return by **May 5** along with check made payable to:

**The Joseph Patrick Sanford Memorial Foundation
Arkin & Company, Chartered
15020 Shady Grove Road, Suite 460
Rockville, MD 20850**

HOW TO HELP...

Many volunteers are needed to make this event a success! To help, please contact Anita Brady at Akbrady@aol.com

LEARN MORE...

www.joesanford.com
www.goca.org

**Saturday
May 16, 2009**

The 7th Annual



- **45K bike ride**
7:00 am—approximately 28 miles
- **NEW 30K bike ride**
7:00 am—approximately 18 miles
- **10K family bike ride**
8:00 am—approximately 6 miles
- **5K stride**
8:00 am—a leisurely 3-mile walk
- **children's bike rodeo**
9:00 am

All events begin at
Oakdale Emory Church
3425 Emory Church Rd., Olney, MD

sponsored by
THE GREATER OLNEY CIVIC
ASSOCIATION
in support of
THE JOSEPH PATRICK SANFORD
MEMORIAL FOUNDATION



**LOVE
NEVER
DIES...**

Joe Sanford

May 11, 1992 - June 19, 2002

The friends and family of Joe Sanford and the Greater Olney Civic Association (GOCA) have joined together to honor and remember our precious Olney children.

Joe's Ride has been organized to help recognize and remember all the families in the Olney area who have endured the sorrow of losing a child. Our goal is to ensure that every child, no matter how long or how brief their time on earth was measured, is never forgotten. Joe's Ride affords us all the opportunity to see and hear their names and to memorialize our precious children.

At the staging area, the Joe's Ride - Remembering Olney's Kids banner will be displayed and we invite, encourage, and welcome any family who has lost a child to sign the child's name on the banner as both a tribute and a memorial. Balloons printed with each child's name will be released in a brief, yet touching remembrance ceremony at 7:45 a.m. Please contact Betsy or Russ Sanford at 301-519-3835 to discuss any particulars about memorializing a child.

The Joseph Patrick Sanford Memorial Foundation

The Joseph Patrick Sanford Memorial Foundation is a non-profit 501(c)(3) organization established for and dedicated to keeping the legacy of Joe Sanford's courage, faith, love and compassion for others alive.

Joe was a brave and inspiring ten-year-old Olney boy who courageously battled brain cancer for three years.

The Foundation donates both acts of service and funds to the needs of children who are suffering in various ways and to organizations that touched Joe's life during his battle with cancer.

A portion of the proceeds from this year's Joe's Ride event will benefit two special organizations:

The Good Grief Club, sponsored by Hospice Caring, Inc. The program is designed to provide a safe environment for students to discuss their feelings surrounding the death of a loved one and receive support from their peers on their journey towards healing.

The Sudden Unexplained Death in Childhood (SUDC) Program was created in September 2001 as part of the CJ Foundation for Sudden Infant Death Syndrome (SIDS). It provides a central resource for information, advocacy, and most importantly, support to families affected by the tragedy of losing a child to SUDC.



REGISTRATION FORM

Each participant must complete both sides of this form! For your convenience, online registration is available at:

www.signmeupsports.com
(event listed under "cycling")

- CHOOSE YOUR EVENT:**
- | | |
|---|--|
| <input type="checkbox"/> 10K BIKE RIDE—\$10 | |
| <input type="checkbox"/> 45K BIKE RIDE—\$25 | <input type="checkbox"/> 5K STRIDE—\$10 |
| <input type="checkbox"/> 30K BIKE RIDE—\$25 | <input type="checkbox"/> BIKE RODEO—Free |

**All events begin at Oakdale Emory Church
3425 Emory Church Road Olney, MD**

T-SHIRTS:

Provided to the first 500 pre-registered for the 45k Ride, 30K Ride, 10K Ride, or 5K Walk. Select Size:

- | | |
|--|---------------------------------------|
| <input type="checkbox"/> Adult small | <input type="checkbox"/> Youth small |
| <input type="checkbox"/> Adult medium | <input type="checkbox"/> Youth medium |
| <input type="checkbox"/> Adult large | <input type="checkbox"/> Youth large |
| <input type="checkbox"/> Adult extra-large | |

Name _____

Address _____

Phone Number _____

Email address _____

Emergency contact & phone _____

T-shirts & packets distributed at the event!

**Pre-registration is due May 11th
and can be mailed to or dropped off at:**

**Fletcher's Service Center
17901 Georgia Avenue, Olney, MD 20832**

Reminders:

- **Make checks payable to the Joseph Patrick Sanford Memorial Foundation**
- **Each participant must provide their own bicycle and helmet; helmets must be worn during all cycling events!!**
- **Event held rain or shine—no refunds!**
- **For safety reasons, roller blades, scooters, skateboards and pets are not permitted on courses.**